***The Original Elementary*** ***Cross Country Camp/Coaching Clinic***

***Presented by Clovis High Cross Country***

At the Elementary Cross Country Camp, you will become a better, faster and smarter athlete. Students will learn running drills, how to be a good teammate and raise self-confidence. With the opportunity to make new friends. The camp will be led by both Clovis High School and Clark coaching staffs. With the help of our high school runners, as well this will provide an opportunity for our athletes who run at the elementary level to feel part of a big family!

* Date: August 5th – August 9th (Mon-Fri)
* Location: Clovis Elementary Grass Area
* Time: 8:00am-10:00am
* Cost: $35
* Grades: 4th-6th Grade (younger may also participate)
* Elementary Coaches feel free to come and meet the coaching staffs for both Clovis High School and Clark Intermediate.
* Things to bring and wear
	+ Shirt
	+ Shorts
	+ Running Shoes
	+ A water bottle
	+ A positive attitude to learn!

**Breakdown of cost:**

* $15 for camp shirt
* $20 camp entry fee - *Make checks out to: CCSRD (Clovis Community Sports & Recreation Department*

**CIF Language:**

In accordance with CIF bylaw 207, any athlete who transfers from School “A” to School “B” after having prior contact, during the previous 24 months, either directly or indirectly with school “B” prior to enrollment shall not be eligible at School “B” for 365 days from initial date of enrollment.  This includes this camp, clinic, AAU, club team, and/or workouts.

*For more* *information please email Coach Eloy Quintana:* *eloyquintana@cusd.com*

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Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ T-Shirt Size: Youth S M L Adult: S M L

Address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ City:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ School Attending:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Permission Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*walk up registration is accepted. Please bring signed form when attending the running camp (mandatory)