***The Original High school Cross Country Camp***

***Presented by Clovis High Cross Country***

You will become a better, faster and smarter athlete. Students will learn running drills, how to be a good teammate and raise self-confidence. With the opportunity to make new friends. Both Clovis High School and Clark Intermediate coaching staffs will lead the camp.

* High School Dates: June 18th- August 17th (Mon-Sat)
* Location: Clovis Elementary Grass Area (Monday-Saturday)
* Time: 6am-9am
* Cost: Free
* Grades: High School
* Things to bring and wear
  + Shirt
  + Shorts
  + Running Shoes
  + A water bottle
  + A positive attitude to learn!

**CIF Language:**

In accordance with CIF bylaw 207, any athlete who transfers from School “A” to School “B” after having prior contact, during the previous 24 months, either directly or indirectly with school “B” prior to enrollment shall not be eligible at School “B” for 365 days from initial date of enrollment.  This includes this camp, clinic, AAU, club team, and/or workouts.

For more information, please email Coach Eloy Quintana: [eloyquintana@cusd.com](mailto:eloyquintana@cusd.com)

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Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ T-Shirt Size: Youth S M L Adult: S M L

Address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ City:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ School Attending:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Permission Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*walk up registration is accepted. Please bring signed form when attending the running camp (mandatory)